

Brushing Motivation Sheet

Clean Teeth Dance Party!

Does your kiddo have a favorite song they can't help but dance to? Play a fun 2 minute song to dance to while you brush your teeth together to keep them entertained!

Colorful Choices!

Provide your kiddos with different colored toothbrushes for them to choose from every time they brush! This will get them excited to pick a new color to brush their teeth with!

Smart Teeth!

Use a fun app on your child's smart phone or tablet to encourage them to brush along with their favorite characters, like Pokemon Smile. Gotta brush them all!

Be Their Cheerleader!

In order for your kiddos to be excited about brushing their teeth, you have to be excited too! Be their biggest cheerleader and cheer them on when they brush!

Prize Time!

Use our printable brushing chart with your kiddos and reward them with a cool present once they fill out enough sheets! This will set a goal for them that they can't say no to!



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